

Abstrakt

Title: The analysis of defensive systems at Woman's 19 European Handball Championship 2004

Aims: Evaluate defensive phase of selected teams by analysis of video records. Determine particular characteristics of defensive systems if they are effective in senior teams so that they could be also accepted for woman's 19 teams. Compare defensive play of Czech representation with other European country representations.

Methods: Quantitative and qualitative methods will be used for this reasearch. The analysis of particular matches will come out from indirect observation (video records) that we have got from Czech Handball Federation. We will record data from games to a self made record sheet. Partly we will use data from European championship statictics.

Results: The best European teams using one main defesive system in defensive play ranked at the top places. We can observe higher pace of games and physically and technically well prepaired players in the better teams of European championship. Czech representation is still behind best European teams, particularly in offensive play.

Key words: handball, European championship, woman's 19 teams, defensive systems